

Saturday morning trainings

- 8.00-8.10: Adult A 4° div. + Basic Novice 2° div.
- 8.10-8.25: Senior M. 1° div. + Junior 1° div. Starting number 1-2-3
- 8.25-8.40: Advanced Novice 1° div. + Junior 1° div. Starting number 4-5-6
- 8.40-8.50: + Basic Novice 1° div. + Intermediate Novice 1° div. + Intermediate Novice M. 1° div. + Chicks M. 1° div.
- 8.50-9.00: Cubs 2° div. + Intermediate 2° div. + Intermediate M. 2° div.

Saturday afternoon trainings

- 13.30-13.40: Benjamin B 4° div.
- 13.40-13.50: Benjamin A 4° div. + Junior 4° div. + Junior M. 4° div. + Senior 4° div.
- 13.50-14.00: Cadet 4° div. Starting number 1-2-3-4-5-6-7-8
- 14.00-14.10: Cadet 4° div. Starting number 9-10-11-12-13-14-15-16
- 14.10-14.25: Solo dance Elite Senior, Intermediate, Advanced Novice
- 14.25-14.35: Solo dance Novice 2° div. + Solo dance Young 3° div.
- 14.35-14.50: Chorus
- 14.50-15.00: Solo dance Junior 2° div + Solo danche Kids 3° div.

Sunday morning trainings

- 8.00-8.15: Senior M. 1° div. + Junior 1° div. Starting number 1-2-3
- 8.15-8.30: Advanced Novice 1° div. + Junior 1° div. Starting number 4-5-6
- 8.30-8.40: Cadet 3° div. L.+M.
- 8.40-8.50: Junior 3° div.
- 8.50-9.00: Novice 3° div.

Sunday afternoon trainings

- 13.30-13.45: Solo dance Elite Senior, Advanced Novice
- 13.45-13.55: Junior 2° div.
- 13.55-14.05: Senior 2° div. + Adult A e B 2° div.
- 14.05-14.15: Debs 3° div. + Cadet M. 3° div.
- 14.15-14.25: Senior 3° div. + Adult A e B 3° div.